



LEADING CHANGE: BUILDING OUR COLLECTIVE CAPACITY

Art of Hosting for the Sake of
Community Inclusion and Wellbeing

How might we co-create the conditions that increase and leverage community residents' involvement in shaping the health and well being of their own communities?

November 1-3, 2018
Napa County Health and Human Services
2751 Napa Valley Corporate Dr, Napa, CA 94558

WHO

Change Agents

We are inviting diverse participants initiating change in their communities and organizations. These are the people seeking to construct more equitable and inclusive responses to pressing challenges.

Please join us:

If you are working to create greater levels of wellbeing for yourself and others



We encourage teams of 2 or more, so together, you can apply what you are learning quickly and collaboratively. This training is designed for diverse multi-stakeholder teams, including community residents, Accountable Community for Health (ACH) members and others that are collectively addressing a pressing challenge in their community or organization.

Funding is being provided by the [Blue Shield of CA Foundation](#) to support members of the California Accountable Communities for Health Initiatives (CACHI), an initiative uniting local leaders in the common cause of improving health and wellbeing. We are inviting both CACHI sites and other similarly aligned change leaders working to address systemic challenges.

For more information on CACHI
<https://cachi.org>
<https://cachiaccelerator.wordpress.com/>

WHAT

A 3 day skill-building training

The Art of Participatory Leadership is a 3-day action learning training in the [Art of Hosting Conversations that Matter](#). You will learn by doing to acquire new competencies, approaches, and strategies to achieve more impact in your change work.



We will offer practical and effective tools for facilitating community engagement processes, and hosting conversations and meetings that effectively include the voices of diverse stakeholders.

Through collective wisdom and inquiry, we will build shared knowledge of how to best create wellbeing in our communities and organizations. Some inquiries we might explore, amongst others include:

- * How might we more **effectively engage a diverse group of stakeholders** in order to increase wellbeing in our communities?
- * How might we be **responsive and relevant** to the communities and organizations that we are accountable to?
- * How might we **disrupt inequities** and **address root causes** in our communities and organizations through new ways of working and operating?



WHEN & WHERE

November 1 – 3, 2018 Napa California
Napa County Health and Human Services
2751 Napa Valley Corporate Dr, Napa, CA 94558

COSTS:

CACHI Accelerator and Catalyst sites no charge,
Funding provided by the Blue Shield of CA Foundation

General Public (NonCACHI Sites)

* Teams of 2 from Non-Profit Organization \$695 - Each additional team member is \$150 per person

* Teams of 2 from For Profit Corporation \$1,295 - Each additional team member is \$500 per person

Light breakfast, snacks, and lunch provided.

HOW

5 Competencies

The training builds your collective capacity to lead change in complex settings, through strengthening 5 competencies: facilitation/hosting, communication, visioning, self-mastery + leadership, and community building. Please see our White Paper [Leading Change: Building Our Collective Capacities](#).

4 Approaches

The training will include 4 approaches to building collective capacity:

- * [The Art of Hosting and Harvesting Conversations that Matter](#)
- * [Mobius Method](#) and Embodied Leadership
- * Systems Thinking
- * Mindfulness

These tools will give you more access to the wisdom of your head, heart, and body, increasing your capacity for navigating uncertainty by tapping into all of who you are as a leader and change maker.

Learning by Doing

You will be engaged in experiential learning where you will acquire new skills and tools while working on real-life challenges of your communities with other change-makers through learning by doing.

More info

For more information on the [Leading Change](#) competencies, please see our website and white paper.

For more information on the [Art of Hosting Conversations that Matter](#), please see the website



For information on embodied leadership and [Mobius Method](#), please see the website.

Please also refer to the [Art of Hosting Conversations that Matter workbook](#) for specific tools, frameworks, practices, methods, worldviews and principles we will be exploring.

We hope you will join us for this multifaceted 3-day training where you will walk out with new competencies, approaches, experiences through learning by doing, and being part of a global community of practice.

Registration deadline is October 1, 2018

Your Hosts,

Dana Pearlman

Sue Grinnell

Anamaria Aristizabal

Amelia Terrapin

Kristania De Leon

For more information, please contact us

Dana Pearlman, danapearlman@gmail.com

Sue Grinnell, sue.grinnell@phi.org

REGISTER HERE



Bios



Dana Pearlman

Dana's aim is to impact many intersecting social issues by helping groups lead from their deepest values towards their vision of the future.

Dana Pearlman designs and facilitates diverse, multi-stakeholder engagements and action learning experiences that leads to transformational learning and social innovation. She utilizes many methodologies, frameworks, practices, principles and systems thinking. Her academic background is in clinical psychology and strategic leadership towards sustainability.

Dana's designed and facilitated sessions for the State of Vermont, The Ministry of Education of Tanzania, California Accountable Communities for Health, Napa County Department of Health and Human Services, Accenture Tech Vision Advisory Board, Zoomdata, Swissnex, Public Health Institute's Population Health Innovation Lab, GlobeMed, Dalai Lama Fellows, California Association of Hospitals and Health Services, Sonoma Co. Sustainability and Energy Dep., Impact HUBs SF, Stanford Leadership Experiment, CIIS, Sonoma State U's CORE Leadership, Sustainability Learning Centre, BTH in Sweden: Masters in Strategic Leadership towards Sustainability.

Dana leads intensives in The Art of Hosting Conversations that Matter and workshops in Authentic Leadership from, The Lotus: A practice guide for Authentic Leadership towards Sustainability. Dana is Advisor to the SelfDesign Institute, Curriculum Advisor to Dalai Lama Fellows, Founding Board Member for The Base Camp and mentor for HIVE Global Leaders Program. Dana is catalyzing and accelerating world-changing leadership necessary to meet the profound challenges of the 21st century by working with many intersecting social issues.

<https://www.danapearlman.com/>



Anamaria Aristizabal

Anamaria sows the seeds of inspiration, encouraging others to own their power, and to create and lead in a way that transforms and responds to what the world needs. She works with New Ventures West, a world class coaching school, as a coach and coach trainer. She is a leadership trainer at George Washington University's Center for Public Excellence and Byron Fellowship, both leadership development initiatives for change agents from around the world. She is an Art of Hosting practitioner and trainer, with extensive experience designing and facilitating powerful learning journeys for different groups.

As a social innovator, she co-founded Aldeafeliz ecovillage in 2006 near Bogota Colombia, an intentional community whose purpose is to be a demonstration center for resilience and sustainability. Since its founding, a group of 20 adults and 10 children have been experimenting with various social and ecological technologies, including socio-cy, non violent communication, and permaculture, aspiring to live harmoniously with each other and with the land they are stewards of. Anamaria is a member of various organizations that aim for personal, organizational and societal transformation. She is a founding member of the Colombian chapter of the Society for Organizational Learning (SoL) dedicated to offering learning circles that promote systems thinking. Also founding member and executive board member of the Foundation for Peace and Reconciliation, and a member of the ImpactHUB Bogotá.

Prior to her coaching and facilitation career, Anamaria worked as a consultant for McKinsey, the World Bank, CAF- Development Bank of Latin America, Ashoka, and various government entities in Colombia. Anamaria has an MBA and a Masters in Environmental Management from Yale University and a BA in Biology from Mount Holyoke College. Anamaria is based in Bogotá, Colombia, and recently published her first book in her country (October 2017), translated as "Life Re-Vision: A Guide to Find your Path when you Lost Your Way; A Journey to Rediscover your Essence, Reinvent Yourself, and Renew your Future Vision".



Kristania De Leon

Kristania De Leon has worked with a range of organizations focused on domestic and international women's rights, homelessness, education, and promoting diversity. She joined the Public Health Institute in 2011. Her work focuses on public policy and advocacy, developing community-driven programming, capacity building, and bringing social justice issues to the forefront of Public Health efforts across California. She obtained her BA in International Relations from the University of British Columbia and MA in Social Innovation from the University of San Diego's Kroc Institute of Peace and Justice. She lives in San Diego.

Sue Grinnell

Sue Grinnell, MPH, joined the Public Health Institute in 2013 to start up the Population Health Innovation Lab (PHIL) to serve as the Director of Business Strategy and Technology. PHIL designs and catalyzes and accelerates innovative approaches that advance health outcomes and well-being.

Sue has over 30 years of experience in public health, having held a variety of positions working to address issues such as chronic disease, access to prenatal care, and children's health.

She holds a Bachelor's degree in Community Health from Oregon State University and a Masters in Public Health focused on Public Health Leadership and Practice from the University of North Carolina, Chapel Hill.





Amelia Terrapin

Amelia Terrapin is an educator and entrepreneur, committed to creating participatory learning environments in the fields of education, business and social change. After a career as a professional dancer and educator, she developed a movement-based K-12 STEM curriculum that blends academic content with leadership development. Through this project, Amelia envisions an equitable education system that cultivates the unique contribution of each person.

She founded Mobius Method to use movement as a powerful learning tool for groups that range from schoolchildren and at-risk teens to engineers and business executives. Participants gain a deep understanding of complex ideas, build trust, and discover new ways to relate effectively. Amelia is a curriculum adviser and facilitator with Byron Fellowship, a leadership development initiative for change makers from around the world. She is a member of the Leading Change team, an effort to elevate the way organizations, teams and communities interact with each other to unleash more capacity for change.

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