

# Art of Hosting training in Kenya

## October 3rd-5th 2019

How can we engage everyone to meaningfully participate and influence the important things that affect their communities, their work and their lives?



CISP Offices, Manyani East Drive 117, **Nairobi, Kenya**

**WHY?** We are in a time which calls for new ways of living and working, now more than ever we need to foster an environment of real participation and collaboration. **How can we facilitate meaningful community led conversations so that communities, groups, networks and organisations flourish?** There are no easy answers to this question but principles and practices do exist that help us to have conversations that inspire our work and assist our communities to take action in a more collective and collaborative way.

This culture shift is brought about through the process of practising being in conversation and being well in community, facing difficult questions, being in emergence and “not knowing” together

and learning about each other as fellow participants in work and in life.

**WHAT ?** This highly participative training which is being offered for the 4th time in Kenya is a unique opportunity to learn how to host and harvest conversations that matter. The Art of Hosting training offers a space to learn and practice tools models and methodologies where we can talk about complex issues and use the collective intelligence of the people to co create sustainable solutions.

You will have the opportunity to exchange ideas, offer resources, develop innovative strategies for social change and to

strengthen your leadership capacity, based on the principle that every human being has enormous untapped creativity and resilience. You will learn how to design interventions that have social impact and improve your knowledge about how to engage everyone to participate and bring their diverse perspectives.

We bring the theory into practice from the beginning, going to work with the real questions, ideas and projects of the participants. Bring your questions, your passion and your desire to learn and join us. The training will include space for participants to explore how to practically apply their learning to their actual work or community settings. **JOIN US?**

To find out more about the Art of Hosting visit [www.artofhosting.org](http://www.artofhosting.org)



# During the training we will learn and practice



## Models and Frameworks

for understanding how to work with complexity and emergence **Chaordic and Living Systems design, Theory U.**

## Personal practices

for participatory and holistic leadership approaches to the best advantage in your own context: **Hosting yourself, deep listening and working with questions.**

## Designing

initiating and hosting meetings, networks and gatherings of any size that are creative, inspiring and participatory.



## Methods and tools

You will learn, experience and be coached in some of the following facilitation tools:

**Appreciative Inquiry, Circle Practice, World Café, Open Space, Pro Action Café, Story telling.**

## Hosting

meaningful conversations and harvesting new insights as a core leadership practice and skills set for leading change.



*Human conversation is the most ancient and easiest way to cultivate the conditions for change—personal change, community and organisational change, planetary change. If we can sit together and talk about what's important to us, we begin to come alive.*

Margaret Wheatley



@aohinkenya



Facebook Public Group: Art of Hosting Kenya

## Your Hosting and Training Team



**Bikundo Onyari** is a lifepreneur, NLP coach, trainer and AoH facilitator with deep skills in leadership and business development. He inspires high impact lifepreneurs on how to defy the impossible in their personal and professional lives in order to produce immediate, unprecedented and lasting results. He is passionate about people development and what this can do to make the world a better place by fostering collaboration, co-creation and collective intelligence to solve complex problems. He has over 13 years' experience in assisting leaders build stronger, more effective and purposeful living systems. You can view his profile at [www.linkedin.com](http://www.linkedin.com).



**Michelle Mashonganyika** is a Psychotherapist, Life coach and a Practitioner of Art of Hosting. With a background of working with communities in crisis, conflict and in transition; Michelle brings 13 years of work experience with marginalized and underserved communities in Africa. Michelle currently works with social entrepreneurs, school communities and individuals by creating spaces where people can begin to explore in conversation personal and systemic transformation. Michelle currently lives in Nairobi, Kenya.



**Syeda Re'em Hussain** is a Pan-African feminist. She is the lead on the Afresist Youth Leadership Program as well as an early career International Relations scholar and Art of Hosting Practitioner. She is passionate about cultivating safe spaces for learning, reflection and empowerment. She has served as a committee member of Friends of City Park, Nairobi, Kenya; and has sat on the National Council for the Kenya Girl Guides Association. She has worked in Egypt and Kenya. She is currently a PhD candidate in International Relations doing research on public space and protest.



**Linda Joy Mitchell** is a process designer and host, crafting and hosting meetings, gatherings, trainings and spaces for personal, collective and whole system transformation. A steward of the Art of Hosting, Linda cares for and holds the purpose, the deeper dynamics, the space and the design process by which people come together in cooperative exploratory dialogue about things that matter most to them. With over 40 year experience of working alongside people in the social justice, civic society, governmental institutions and the 'more than profit' field, she designs and hosts strategic consultations and large scale public conversations as well as learning journeys and personal retreat spaces for deeper dives into the 'why and the how' of life and purposeful work. Linda brings a therapeutic and systemic lens to her coaching and mentoring work. [www.lindajoymitchell.org.uk](http://www.lindajoymitchell.org.uk).

## Fees and Registration

**Kes 35,000 for professionals (15 places)**

**Kes 18,000 community scholarships (5 places)**

The 5 scholarships are for people who are interested in the training but sincerely unable to pay the full fee. Cost includes workbooks, stationary, tea and coffee breaks and lunch: Exclusive of accommodation.

**Register to secure your place:**

<https://tinyurl.com/y42afyeb>

**For more information contact:**

Bikundo Onyari 0780-339 389 or Michelle Mashonganyika 0733-880952.

[aohinkenya@gmail.com](mailto:aohinkenya@gmail.com)

Chiromo Lane 15, P.O. Box 24969.

**Registration and payment by September 15th 2019**

**Payment details:**

ANDE KENYA LTD

A/C No. 1132962250

Kimathi Street,

Kenya Commercial Bank.

or by m-pesa:

Paybill 522522,

A/C No.1132962250.