



# THE ART OF HOSTING AND HARVESTING CONVERSATIONS THAT MATTER - DENMARK 2025

*How may we strengthen our personal leadership and ability to work in peaceful and co-creative ways, to build thriving futures for all?*



# WELCOME

It is with great pleasure that we invite you to take part in our three day training in the Art of Hosting and Harvesting Conversations that Matter. The training will take place at Himmelbjerggården near Silkeborg, Denmark from Thursday 3 April to Saturday 5 April, 2025.

*The world we live in calls for a different kind of leadership...*

A kind of leadership that awakens the leader in each and every one of us and our innate drive and desire to contribute to positive change for our communities, organisations and society at large. Many of us can see that the *status quo* is not a viable option if we are aiming for a thriving and sustainable planet, and it takes courage and trust to transcend the feeling of deep despair, to see that a more beautiful world is possible.

We invite you to join us!



# WHAT IS THE ART OF HOSTING?

The Art of Hosting offers the awareness and mental models to see the world and our work in the world in new ways that fully embrace the uncertainty and acknowledge the inherent complexity of living systems as an asset to change and evolve as human beings.

The Art of Hosting offers individual and collective practices to uplevel our leadership and co-create new ways of organising towards sustainable and regenerative futures.

The Art of Hosting offers simple yet powerful tools and methods to leverage collaboration and activate the collective intelligence of any group.

The Art of Hosting training is experiential and hands-on. We **exchange** knowledge, **experience** participatory methods, **explore** mental models and theories. We dive into new forms of leadership, where interconnection and self-organising around purpose lead to results for collective wellbeing. We support participants to integrate the methods through action learning.





# PURPOSE OF THE TRAINING

The Intention with this AoH training is to gather individuals from Europe and beyond who are ready to find their learning edge and grow their capacity for leading and collaborating in times of uncertainty.

The purpose of the training is to:

- Build individual and organizational capacity for participatory leadership across all levels of society.
- Explore, learn and practice collaborative ways of responding to complex systemic challenges in our communities through engaging in conversations that matter.
- Foster a community of practice to support the creation of more spaces where meaningful dialogue can lead to wise action where it is most needed



# WHO IS IT FOR?

Whether you come from the private, public, third or NGO sectors or are simply an engaged citizen, this cross-sectoral training is a vibrant learning space where your thinking can expand, your projects can be refined and you can build lasting relationships that can support the impact of your work long into the future.

The training is for you who are:

- Curious about what sustainable leadership is in practice, on a personal and a collective level.
- Frustrated that the current ways of doing things are not working and not creating the results that are needed.
- Ready to learn more about how you, together with others, can create the conditions at meetings, processes and conversations where everyone in the room gets equal opportunities to speak and be listened to... And where, through the co-creative ability, we create the basis for truly sustainable solutions

If this resonates then the training is a place for you.





During the training you will gain knowledge of what is needed to create meetings and conversations that can support the ability to think together, make use of, and "harvest" different insights, ideas and methods in ways that lead to concrete action.

Specifically you will learn how to:

- Design collaborative meetings initiatives and projects
- Host meaningful conversations and harvest actionable insights
- Translate your innovative ideas into experiments and initiatives
- Notice and shift personal, team and systemic behaviours and norms
- Introduce the benefits of participatory leadership to your own field
- The Art of Harvesting - how to visually capture and make sense of meetings and conversations for clarity, learning, growth and wise action.
- Apply what you are learning directly to the change projects that are important to you, your community or organisation

# WHAT WILL YOU GET OUT OF THE TRAINING?

# YOUR HOSTING TEAM

In this training, you will be guided by an international team of Art of Hosting practitioners with combined experience in diverse sectors, from government to business to non-profit. You will get tools and practices for personal leadership to strengthen our ability to stand with centered grounding

## HOSTING TEAM

**Toke Møller - Denmark** *Practitioner of peace, Co-founder and Steward of the Art of Hosting over the last 35 years*

**Mary Alice Arthur - USA** *Story Activist, intentional Nomad and Steward of the Art of Hosting*

**Maja Rottbøll - Denmark** *Passionate Facilitator, Visual Harvester and Peace Practitioner inspired by creating a thriving future for all*

**Rowan Simonsen Denmark/Colombia** *Practitioner of conversations that matter, Aikido, Gardening and creating the best conditions for collaboration*

**Anne Madsen - Denmark** *Life long learner and passionate host and facilitator in the field of health, education and climate*

## APPRENTICE TEAM

**Martin Kraye von Krauss - Denmark / Canada**  
*Pragmatic idealist looking to facilitate the emergence of health for both people and the planet*

**Efua Uiterwijk - Sheffield UK**  
*Learner and facilitator of systemic change and connector to the songs and stories of our land*

**Frederikke Oldin - Denmark**  
*Facilitator and catalyst making a practice of staying in the not knowing, listening for the emerging future*



## VENUE & ACCOMMODATION

The training will take place at Himmelbjerggaarden, Nordic Inspiration Center for Sustainable Development.

This social enterprise welcomes visionaries who are excited to collaborate and create innovative solutions rooted in social and environmental responsibility.

Located in a breathtaking and historic area, Himmelbjerggaarden invites you to join the journey towards a more sustainable world. It is situated in the beautiful nature of Jutland, near Silkeborg in Denmark.

Learn more about Himmelbjerggaarden [here](#)





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Link to register & more  
practicalities

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