



THE ART OF HARVESTING TRAINING

THE NETHERLANDS
MAY 13-14, 2023

WWW.AOHNETHERLANDS.ORG

We must give more in order to get more. It is the generous giving of ourselves that produces the generous harvest.

—Orison Sliedt Marden

Every tree, every growing thing as it grows, says THIS truth, you harvest what you sow.

—Rumi

WELCOME TO THE ART OF HARVESTING MEANINGFUL CONVERSATIONS TRAINING

How can we harvest the essence of what matters in a way that moves us towards wiser actions in these times of chaos & disruption?

We invite you to join us for a 2-day immersive training in The Art of Harvesting, a practice rooted in the Art of Hosting and designed to bring depth, clarity, and wisdom to our work in conversations, collaborations, and beyond. Together, we will explore what it means to harvest not only the tangible outputs of our collective interactions but also the intangible, subtle layers that often hold the deepest truths.

WHY HARVESTING?

Harvesting is more than collecting notes or capturing decisions. It's about creating meaning by surfacing patterns, making sense of what unfolds in the moment, and transforming insights into actions that resonate. It is the bridge between what happens in the room and how we carry it forward into the world.

When we harvest with intention, we deepen our collective understanding and make room for wiser actions. Harvesting is about making tangible the thinking, the meaning making and the learning of a participatory process. This training offers a space to see the whole learning ecology and to develop practical skills while exploring the art of sensing, seeing, and embodying the stories and realities that emerge in our work.



THE TRAINING WHAT YOU'LL EXPLORE

In this training, we will:

- (Re)Discover the Purpose of Harvesting**
Why do we harvest, and what shapes the quality of our harvests?
- Engage with Practical Tools**
Learn participatory methods like visual and story harvesting, and create collective, tangible outcomes that hold depth and clarity.
- Deepen into the Intangible**
Practice sensing the unspoken—what is alive in the pauses, the subtleties of movement, and the dynamics of space and power.
- Embody Harvesting**
Explore embodiment as a tool for harvesting, giving voice to what words cannot fully capture.
- Play with Polarities**
Balance tradition and innovation, structure and emergence, precision and creativity in the art of harvesting.



WHO IS THIS FOR?

This training is for anyone who works with groups, hosts conversations, or seeks to make sense of complexity: leaders, facilitators, change agents, and those curious about the deeper layers of meaning-making. It is a great integration for anyone who has previously attended an "Art of Hosting / Art of Participatory Leadership" 3-day training.

- By the end of these two days, you will have:
- New skills and practices for harvesting both individually and collectively.
 - Tools to harvest in ways that honor the full reality of a room—including the edges, silences, and unseen stories.
 - Clarity on how to create meaningful harvests that inspire wiser actions.
 - A renewed understanding of harvesting as an embodied practice that invites curiosity, generosity, and connection.

Practices that help us deepen our sensing, presence, and understanding for meaningful harvesting include:

- EMBODIED PRACTICES**
Engaging the body as a source of wisdom and insight.
- DEEP LISTENING**
Tuning into spoken and unspoken layers of meaning.
- VISUAL & CREATIVE EXPRESSION**
Using art, mapping, and storytelling to make sense of complexity.
- REFLECTIVE WRITING & SENSE-MAKING**
Distilling key themes and deeper patterns.
- COLLECTIVE STORYTELLING**
Honoring multiple perspectives and lived experiences.
- NATURE-BASED PRACTICES**
Drawing insights from the rhythms and metaphors of the natural world.
- ENERGETIC & RELATIONAL AWARENESS**
Sensing the dynamics of space, power, and flow in a group.

LOCATION: DE POORT

BIESSELSEBAAN 34 GROESBEEK (NEAR NIJMEGEN)

This is a residential training in a beautiful location with 10 hectares of nature-terrain as part of the complex.

Thus, we will be hosted by nature, the land and our very gracious hosts of De Poort. Participants are responsible to arrange their own stay with De Poort or in the surroundings.

Let's step into this exploration together and co-create a space where harvesting becomes an act of care, curiosity, and courage—helping us meet the complexity of our times with humanity and depth.

Limited spots available...
PLEASE RESERVE YOUR SPOT & PRE-REGISTER TO THE TRAINING > CLICK HERE

REGISTER

(we will follow up with you for the official registration & payment)

PARTICIPATION FEE* & REGISTRATION

- Business / Corporate: €1190
 - NGO & Small enterprises (<10 employees): €930
 - Independent participants: €730
 - Special discount for 3+ people from the same organisation (10% off per ticket)
- Book before February 28th for a 10% early bird discount.
- * Prices are excluding 21% VAT
* Fee includes lunches for the 2 days + dinner for Day 1.
* Rooms + breakfast to be booked separately by participant (not included).
* We wish to make this training inclusive & do not want fineness to be a barrier. If you wish to join us & cannot afford to pay the full training fee, please reach out to aohnetherlands@gmail.com to apply for a scholarship.



This 2-day training (held in English & welcomes other languages) begins Tuesday May 13 at 09:30 & ends Wednesday May 14 at 17:30

Come join us!

For more information: aohnetherlands@gmail.com
www.aohnetherlands.org

MORE ON THE ART OF HOSTING & HARVESTING/ PARTICIPATORY LEADERSHIP



The Art of Hosting & Harvesting Meaningful Conversations is a leadership approach that scales from the personal to the systemic, using dialogue, facilitation, and co-creation to tackle complex challenges.

The training is part of a global family of trainings through the AoH network that are considered practice grounds for those who aspire to bring out the best in others.

This practice prioritizes diversity, collaboration, and collective intelligence, blending participatory methods, complexity theories, and Living Systems leadership—where interconnection, self-organization, and collaboration drive collective well-being.

We are particularly inspired by what happens in the creative tension between chaos and order - the chaotic field - where learning and innovation take place, and where wise and sustainable change can be discovered and acted upon.

This experiential training is applied across communities, businesses, academia, healthcare, and social change efforts worldwide. It also serves as a personal leadership practice, helping you navigate transformation within yourself and a complex world.

Join a global community of practitioners using participatory change processes to spark meaningful conversations, collaboration, and actions for the common good!



In a world that is becoming increasingly complex and fragmented, true solutions and innovations lie not in one leader or one viewpoint, but in the bigger picture of our collective intelligence.

For more information about the Art of Hosting / Participatory Leadership, please visit: www.artofhosting.org



HOSTING TEAM

In this experiential training, you'll be guided by an international team of Art of Hosting practitioners with combined experience in diverse sectors: from government, business, arts, academia to civil society, non-profit. Find out more details on our website!

SABINE SOEDER (she/her)
Italy / Germany

Sabine Soeder (she/her) is a strategic (four-architect) bridging visual, dialogical, and systemic organizational development. She supports individuals, teams, and organizations to see the bigger picture and create new structures and processes to manage complexity successfully. Her process design is rooted in the principles of Clarity, Co-Creation, and Health (Inspired by the Swedish 'Hälsingstilla' - nourishing life for humans, creating spaces for meaningful connection and transformation).

MANSI JASUJA (she/her)
India / Netherlands

Mansi's journey has been anything but conventional - from practicing architecture in India to designing and hosting meaningful conversations across Europe. Rooted in deep family and cultural values of social justice, equity, a sense of awe, she embodies the spirit of a 'warrior of the heart', a legacy carried from her 30th heritage and her own practice.

An environmentalist since the age of four, Mansi worked across urban environmental disciplines with the UN, ILO, CARE, etc. In 2008, a natural sense of climate urgency led her to re-evaluate, rethink, and step into her calling. Since 15 years, her focus has been systems change & participatory leadership: building capacities, collaboration is a surprising impact. Mansi brings a deep connection to life, infusing humor, stories, creativity, sense of awe - all wrapped in a playful energy. An international speaker, artist-activist, & process design geek, Mansi loves creating participatory spaces where people connect, transform, and bring bold ideas to life.

LAURA GRASSI (she/her)
Italy / Netherlands

Laura supports organizations & communities to navigate the complexity of the work they do by fostering collaboration & creating an environment characterized by participation, engagement & trust. Over the past 10 years she has worked with local governments, European institutions, developmental NGOs, Philanthropic organizations and social enterprises, to support them in working collaboratively and addressing our most pressing societal issues through a real lens of collaboration and other participation.

In her work, Laura brings together different methodologies such as "The Art of Hosting / Participatory Leadership", Design Thinking, Process Design, Deep Democracy and Narrative Communication in order to offer a unique approach to collaboration and organizational development. Originally from Italy, Laura has been living for the past several years in the Netherlands, working both with local organizations as well as internationally.

JUSTAS KUČINSKAS (he/him)
Lithuania

Justas Kučinskas is a keynote speaker with a degree in philosophy, group learning facilitator, and the founder of MOKI practice (Movement + Mokis). He brings together years of embodiment research, group learning, and participatory leadership practices to create transformative experiences for individuals and organizations. Under the guidance of Aronow Haglund from the Presencing Institute and inspired by Otto Scharmer's Theory U, Justas has developed a unique embodied process that helps participants navigate and influence the dynamics of evolving social environments.

Justas leads Movement Fundamentals courses and daily Embodied Transformation practices on Movement Mokis, Lithuania. He also teaches the Embodied Leadership course at IEA University of Management and Economics and the Movement in Complexity course at the Youth Initiative Program in Sweden.

STEPH BLAKE (they/them)
UK / Netherlands

Steph is a facilitator and coordinator dedicated to guiding individuals, organizations, and communities through the current shifting and challenging times. With a deep passion for creating spaces that foster collective wisdom and collaborative solutions, they bring extensive experience in project coordination, conflict resolution, and participatory leadership within the Dutch climate movement and alternative education in Sweden.

With the Art of Hosting firmly in their offering, Steph has managed national climate justice initiatives, coordinated large-scale online, and facilitated collaborations across diverse stakeholders to advance meaningful change. Rooted in practices of deep listening, inclusive space hosting, and the transformative power of (co)learning, they are committed to empowering communities and organizations to navigate complexity and adapt with resilience.